

Karin Rehnqvist

**Sleep now** -

a lullaby drama for soprano, alto flute and double bass.  
(original version with bass flute)

Durata ca 9 min

Text:

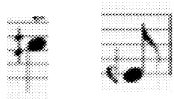
Lullaby: Sally Beamish

Whisperings: Karin Rehnqvist

**Sleep now**, is a lullaby in the form a minidrama

A mother is trying to sing her baby to sleep, which isn't always easy! It can take a long time. As she sings her soothing lullaby, she grows more and more impatient, but of course this only makes matters worse. All the chores she has to remember run through her head at once, whispering: "Have to wash, mustn't forget to call mum, did I feed the cat?"

**Notes:**



quarter tones; quarter sharp, quarter flat



small crescendo, basically one level up, at the end of the note.

The next note starts at the original dynamics.  
Should e.g. be performed



"*sound like kulning*"- kulning/herding calls is an archaic style of singing/calling used to call the cows and goats down from high mountain pastures where they have been grazing during the day. 'The song of kulning' has a high-pitched vocal technique, i.e. a loud call using head tones without vibrato.

Composed for *Trio Ek/ Janson/ Svensdotter*  
with support from *Swedish Arts Council*

*First performance at Magnet Festival, Vara Concert House 2 Oct 2015*

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## ***Texts***

### **Lullaby**

Sleep now  
the sun is gone  
Sleep now  
the night is here  
Sleep now  
today is done.

Sleep now  
the birds are quiet  
and so must you be -  
here is the night

Dark trees sway  
to a gentle lullaby -  
here is the night

Today is done  
and tomorrow will be full of light.  
But first you must sleep.

*Sally Beamish*

### **Whisperings**

Choose from any of the following.  
Feel free to add lines from your own life, and vary at will.

*Mustn't forget to call mum*

*Have to collect that prescription*

*Where are the keys?*

*Where did I put the tickets?*

*Have to fetch the shoes tomorrow*

*Have to wash have to wash*

*Feed the cat feed the fish*

*Have to book the tickets for the match*

*Have to book the tickets for the match*

*Shit, shit*

*What to buy for dads birthday?*

*Mustn't forget to call Susan*

*Must pay the gas bill*

*Did I call mum?*

*Check the bin*

*Did I feed the cat?*

*Karin Rehnqvist*

# Sleep now

- mini drama for soprano, alto flute and contra bass

**A**

**Senza misura, freely**

♩ = 56

**A tempo**

Karin Rehnqvist, music  
Sally Beamish, text

Soprano

Alto Flute

Double Bass

*pp*

*pp*

*pp*

bisbigliando

dampen the string with left hand  
approximate pitch with a tuning fork  
tremolo with varying speed ad lib.

*p*

*mp* *< mf mp*

a \_\_\_\_\_ Sleep \_\_\_\_\_ now \_\_\_\_\_

S.

A Fl.

Db.

*mf mp* *< mf mp*

*leg.*

*< f mp* *\* < f mf mp*

*pp*

Sleep \_\_\_\_\_ Sleep now the sun is

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\*small crescendo, basically one level up, at the end of the note.  
The next note starts at the original dynamics. See preface

Version 20 okt 15

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9

S. *gone* *sleep* *the night* *is here* *Sleep* *now* *the*

A Fl.

Db. *sul G* *pizz.* *mp* *tuning fork* *p*

Pluck the g harmonic, then shorten the string by making a glissando from open string to a flat, without plucking. The a-flat harmonic will sound.

13

S. *night* *is* *here*

A Fl.

Db. *pizz.* *mp*

19

S. *mf* Sleep now to-day is done *mp*

A Fl. *mp* *mf* *mf* *mf*

Db. *mf* *p* *t.f.o* *mf* *pizz.*

bisb.

Place finger on a natural clearly, without plucking

24

S.

A Fl. *mp* *p* *mp* *p*

Db. *mp* *mp*

Db. *mf*

**B** Senza misura, freely

31

S. *p* undefined vowel *rapid whisper\**

a a mustn't forget to call mum a Did I feed the cat?

A Fl. *bisb.* *p* vary freely *rapid whisper\**

Db. *p* t.f. vary freely *rapid whisper\**

I forgot to

**C**

33

S. *mp* *< mf* *mp* *mf* *3 mp* *< mf* *mp*

Sleep now Sleep

A Fl. *mp* *< f mp* *leg.* *f*

Db. *ppp*

call mum, shit! Did I feed the cat?

38

S. *mf* *p sub* *< mp*

Sleep the birds are are quiet and so must you be

A Fl. *mf* *5* *p sub*

Db. *p* improvisation, tuning fork

44 *pp* *mp* 5

S. n a Sleep sound here is the night

A Fl.

Db. *pp* *mp* *mf* < >

50 *mf* **D** Poco piu mosso

S. a a dark trees sway a

A Fl. *mf* < < < >

Db.

55 whisper **Tempo 1**

S. to a gent - le lul - la by Sleep now here is the

A Fl.

Db.

6

61

S. night, to - day is done the sun is gone

A Fl.

Db.

**E** Senza misura, freely, ca 15 s

68

S. whisper getting impatient freely out of previous sleep sleep sleep

A Fl. freely out of previous

Db. freely out of previous

**F** Subito!

69

S. Sleep the birds are quiet quiet and so must you be a

A Fl. use full register

Db. use full register

accel. .



**A tempo**

♩ = 56

Gently, cooling down

73

S. *mp*  
Dark\_ trees\_ sway

A Fl. *p* *< f* *p* *< f* *mp*

Db. *p* *mf*

78

S. *mf* *p* *< f* *mf* whisper  
here is the night here is night night sleep to day is done

A Fl. *mf* *p* *< mf*

Db.

**Senza misura, freely, ca 25 s**

**G**

Increasingly impatient, getting stuck, stumbling

85

S. *whisper* *p < f* freely, use full register *f*  
a a a

A Fl. increasingly resistant + thrills + bisb., use full register *f*

Db. + whisper + from previous, use full register *f*

**H** A tempo

86 Subito calm, under control *mp* *mf* *mp*

S. Sleep now

A Fl. *mp*

Db. stubborn *mp*

89 *mf* *mp* *mf* *mp*

S. Sleep now n sleep

A Fl.

Db.

Getting stuck, rhythmically free

92 *mf* *fp* *mf* normale

S. sleep now sleep sleep sleep sleep the

A Fl. *mf*

Db. Getting stuck, rhythmically free

96 Gently, cooling down *mp*

S. birds are quiet m a

A Fl. *mp*

Db. softly *mp*

99

S. and so must you be

A Fl. Voice, loco, quasi like flute *f*

Db. *mf* *f*

I Singing sweetly, trying to soothe both baby and self

100 *p* *sub.*

S. a a sleep

A Fl. *pp* *mp*

Db. tuning fork *pp* *pizz.* *mp*

10

accel. individually

105

S. *mp* *mf*

night is here here

A Fl. *f*

Db. *f sub.*

**J Senza misura**

Chaos, falling rapidly, irritated, chromatics. Soprano and bass follow the flute

**K A tempo**  
♩ = 56  
Gently  
*mf*

108

S. *mf*

lamenting freely

a o a To day

A Fl. (non acc) *f sempre* rit.

Db. (acc)

**Poco piu mosso**

♩ = 69

Determined, with hard-fought calm and a forced smile

111

S. *p*

is done and to-mor-row will be full of light, but first you must sleep, must sleep, here

A Fl. *p*

Db. *p*

Subito! harsh tone **L** Boiling over! Losing composure, with a sound like kulning\*

116

S. *f mp ff*  
 is the night, sleep now, the sun is gone, sleep sleep

A Fl. *ff* (senza vibr)

Db. *ff* arco

**Senza misura**  
duration ad lib.

119

S. repeat mainly the a2, long notes  
 today is done  
 night is here  
 sun is gone  
 sleep

A Fl. Long notes grating against the soprano, like kulning\*

Db. vary freely

**rit.**

120 Calming down, regaining composure

S.

A Fl. *mf*

Db. *mf* pizz.

\* kulning, se preface

124 **M** ♩ = 56

Worn out, tired, embarrassed, regretting the outburst

S. *mp*  
a

A Fl. *mp*

Db. *mp*

129

S. *p*  
a Sleep now windy ord windy ord a

A Fl. *mfp* *< f* *mf* *p*  
ord windy ord

Db. *mf* solo

135

S. a a a a

A Fl.

Db. *mp*<sup>5</sup>

142

S. *ppp*  
sleep

A Fl. *pp* Voice, loco *ppp*  
*pp* *ppp*

Db. *p*

151

S.

A Fl.

Db.